

“Man, know  
thyself.”  
-Oracle at Delphi

“Oh would  
some Power  
give us the gift  
to see ourselves  
as others see  
us!”  
-Robert Burns

## MANAGING CHANGE

### Purpose

To gain a deeper understanding of how people react to change and how you can adjust your own behavior and communication in order to help yourself and others respond productively to the challenges of change.

### Objectives

Participants completing *Managing Change* will be able to

- Anticipate your own and others' reactions to change and plan how to respond personally and productively
- Recognize and understand four general styles of behavior in the workplace
- Examine how each style of behavior reacts to change and to be more conscious of personal motivators and fears
- Be able to quickly read people in order to predict future behavior, attitudes and points of view in times of change
- See the strengths of all behavioral styles
- Develop specific communication strategies that build a culture of alliance and collaboration
- Reduce interpersonal and interdepartmental stress or strife
- Become less judgmental and more tolerant of others' reactions to change, their modes of communication and behavioral styles
- Improve your ability to be flexible with others
- Become more influential

### The Training

Classroom Format 6 hours

Supported by realistic video, PowerPoint and participant workbooks

Fast paced and interactive

Online DiSC Behavioral Styles personal report completed as pre-work

